

SPECIAL POINTS OF INTEREST:

- Nat'l Night Out
- Nat'l Water Quality Month!
- What is Your Legacy?
- Water Science Games
- Make Positive Change
- What's Happening



July Highlights:

- Club Kid had a great time learning about bike safety at the bike rodeo hosted by Project GO at UMC!
- Project GO in the metro connected with Sprocket organizations, churches, and the YMCA. They hope to create new GO sites soon in the metro area!
- Project GO partnered with the Friends of Indian Heights Park group in Rochester and will be working to start Project GO programming at the park this summer!

Water Science Games



savethewater.org

1. Play the "Sink or Float?" game! Grab items from around your house and test their buoyancy to see if they will sink or float in water.
 2. Learn about the different phases of water (solid, liquid, gas). You can melt ice on your stove and see the different phases with your own eyes!
 3. Freeze different colors of ice cubes and melt them in water to see what colors you get!
- [More Water Science Games](#)

Ready, Set, Go!



AUGUST 2015

August 4th is National Night Out!

National Night Out is a community-wide celebration to bring neighborhoods closer together with law enforcement officials. The goal is to create stronger police-community partnerships to make the places we live safer and better. Many neighborhoods and communities all across the nation host festivals, block parties, and other community events. Many events promote safety and involve visits from emergency personnel, and many communities will provide food to attendees! [Check out National Night Out website for more information!](#)

It's National Water Quality Month!

August is National Water Quality Month. Water is our most precious resource on the planet and many of our oceans, rivers, and lakes are experiencing high rates of pollution. Here in Minnesota, it's so important to care about the water quality of our streams and lakes, so celebrate by getting involved with a cleanup at a local river or lake. After participating in a clean up, reward yourself and go kayaking and canoeing before school starts!



esiwaste.com

August is What Will Your Legacy Be? Month

In addition to being National Water Quality Month, August is also the National Month for reflecting on what your legacy will be. This is a great time to reflect on your experiences and determine what you can do to make positive change for future generations. If you love being outside, think about what you can do to keep our parks, trails, and waterways clean and available for everyone to use. You can reflect about how to conserve nature by being outside!



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[How You Can Make a Positive Change in Nature](#)

1. Look for volunteer events at your local parks.
 2. Plant a tree!
 3. Bring reusable bags to the grocery store rather than using paper or plastic.
 4. Recycle glass, plastics, and paper.
 5. Ride your bike to keep the air clean!
- [Here are some other ways to help the environment!](#)

We'd love to hear about your positive changes-share with us on [facebook!](#)

What's Happening in August?

Metro Area:

[Visit Saint Paul](#) Programs and events throughout May
[MN Valley Refuge Programs](#) throughout May at MNVNWRR
[Explore Minnesota](#) events throughout May
[Three River Parks](#) Programs throughout May

Southern MN:

[Pine Island Project GO](#) May 4th, 11th, & 18th, 3:15-5:00pm at Pine Island

School Playground

[Bike Swap](#) May 9th, 10:00-2:00pm at the People's Food Co-op in Rochester
[Art on the Ave](#) May 16th, 8:00-4:30pm at Slattery Park in Rochester MN

Northwest MN:

[Summer Reading Program](#) Wednesdays at 2pm at the Crookston Public Library
[Celebrate the Young Child](#) Kids at Castle Park Water Event, 5:30-7:00pm August 10th

Other:

Go for a walk or take a hike at your nearest park or on any trails near your home. To find your nearest park or trail, visit your County's [Parks and Trails](#) website.

[Olmsted County](#)

[St. Paul](#)
[Minneapolis](#)
[Polk County](#)

For more information on Project Get Outdoors please visit us at mnprojectgo.org/. You can also check out all our wonderful partners on our [Partners Page](#).

